



2015 Summer  
STUDY ABROAD  
PROGRAM IN  
SALAMANCA,  
SPAIN

UAFS

UNIVERSITY OF ARKANSAS FORT SMITH

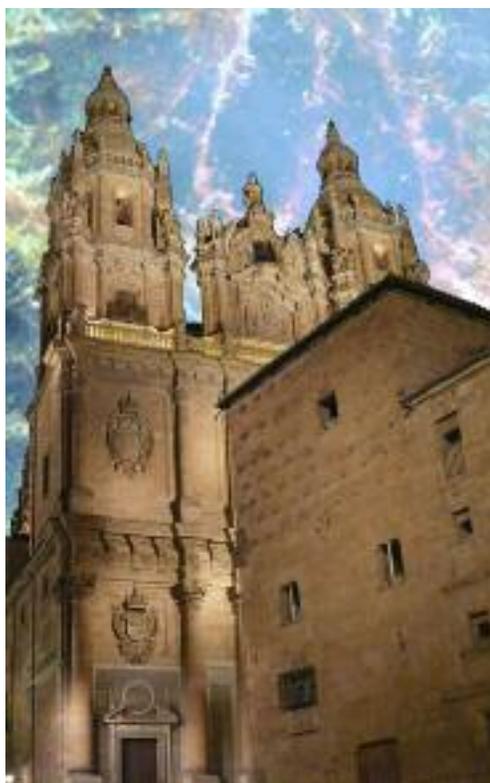
Mester

[www.mester.org](http://www.mester.org)



## THE CITY: Salamanca

Salamanca, a small city of 165,000 inhabitants, is home of some of the most impressive architecture in Spain, and yet it remains a lively and dynamic community. The city is characterized by its unique yellow stone façades which fill the streets with color and light. The diverse architectural styles of its cloisters, churches and Renaissance palaces blend together in the streets and plazas of the old town. The striking engravings which characterized the Romanesque and Gothic cathedrals, the House of Shells, and the façade of the university all reflect Salamanca's historical importance, proving it worthy of its prestigious title given by UNESCO as a "Mankind Heritage Monument".



## HIGHLIGHTS OF SALAMANCA

- Oldest university in Spain and one of the oldest in the world.
- Long tradition as a destination for foreign students.
- One of the best Renaissance architecture in Spain.
- A truly college town.
- Place where many of the most relevant Spanish writers and intellectuals studied.
- Close to Madrid and to Portugal.
- Place where one of the most famous Spanish ham is produced.



## HOST INSTITUTION

**MESTER** provides its international students the chance to feel, enjoy and be an active part of a unique way of life, very different from what they already know: the Spanish Culture.

Our promise to all of our students is to make sure that every course is stimulating, up-to-date and above all effective. In order to keep this promise, we have put together a team of highly qualified and committed teachers, we apply carefully selected, modern teaching technologies and aim to create an education centre which does not only have customary modern classrooms but real meeting places for our students to exchange experiences and knowledge.

For Mester, education does not end in the classroom. We make sure that every activity we organize provides a different aspect of the Spanish Culture. We like our students to use their knowledge of the Spanish language as much as possible. Whether it is through their visits to historical monuments, weekend excursions, salsa dancing lessons or tapas tour, our aim remains the same: to show students life beyond education. And all this happens within an atmosphere which is both Spanish and international at the same time.





## RESIDENT STAFF AND OFFICE/FACILITIES

All our staff has international experience. All of them have studied abroad and personally know what is to be in a foreign country. Its dedication and professionalism make possible for Mester to provide an essential part of our additional offering: personal attention and constant support to our students. Consequently our students are always guided to be in the best possible condition on health and safety. At the same time our staff knows Salamanca perfectly and recommends our students the best cultural and social options that the city offers along the year.

Mester facilities in Salamanca consist in a three story building with a total of 1,500 sq m, located at the heart of the city, in a pedestrian and commercial area. It is equipped with 12 classrooms, a library, a computer lab, a residence hall with 55 beds, meeting rooms, administrative space, and common rooms, all of which are air conditioned. We receive students from all over the world making our facility a really international academic center.

## WHATS INCLUDED? MESTER PROGRAM BENEFITS

- Pre-departure advising and orientation
- Visa procedure support
- Tuition at Mester
- Housing: home stays or residences
- Meals and laundry service
- Mester resident staff and own facilities
- Airport pickup and transfer to housing at designated times
- Onsite comprehensive cultural and academic orientation
- Social and cultural activities
- Excursions
- Medical insurance



---

# OVERVIEW

---

- Minimum GPA: 2,5.
- Language of instruction: English / Spanish.
- Language requirements: None.
- Before arrival students take an online test to determine language proficiency.
- Place of instruction: Mester Campus.
- Participants: International students.
- Attendance in all classes is mandatory and monitored by each professor.
- Periodic exams, homework assignments and final exams will also be administered.



---

# UNIVERSIDAD PONTIFICIA DE SALAMANCA

---



University credits provided by the Pontifical University of Salamanca.

The Pontifical University of Salamanca is a modern, private, catholic institution committed to meeting the needs of society. It was founded in 1940 by the order of His Holiness Pius XII to continue the studies of Theology and Canon law that the University of Salamanca had abolished in 1852. Currently, there are 5,000 students and a team of 300 professors, researchers and administration and services personnel. The university offers 21 official degrees.

Today, more than ever, we live in a world where there is an excess of knowledge, but also a great lack of understanding. We have developed technologies that make commercial activities easier and facilitate our lives, but at the same time isolate and oppress people, distancing them from moral values, such as effort, and leading them to question our leaders and institutions. The Pontifical University of Salamanca as a higher education institution is dedicated to research and the transfer of knowledge, incorporating excellence and responsibility, and training professionals who will be able to tackle the future with foresight, fairness and charity.

# HOUSING IN SALAMANCA

Students may choose from the following housing options:

## Home stay

Staying with a host family is an ideal way to enrich student's experience and to reinforce the knowledge gained during the program. We select our families carefully and know them for years. All of them have extensive experience accommodating foreign students. Upon arrival students receive a key of the house so they may come and go as they please. Student will be able to receive telephone calls. Three daily meals are provided and one laundry load per week.

## Residence

This is an off-campus student's residence. Mester offers its own Residence with shared rooms and bathrooms. Each room has its own TV and computer. Rooms are WI-FI and have A/C. There are also common areas. We also offer laundry services, and full board in a restaurant nearby.

## Shared apartment

These apartments are shared by local and/or international students. They mostly have double bedrooms, a fully equipped kitchen with cooking utensils, washing machine and refrigerator, and shared bathrooms. Students must respect building community rules and maintain the apartment in decent conditions. The price of accommodation includes the cost of utilities (electricity, gas, water) within reasonable expending, and a weekly cleaning of the communal areas. Meals are not included.



# ITINERARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DAY 3</b></p> <p>11AM Orientation Session 1 12PM Guided tour of the city 6:30PM Orientation Session 2 7:30PM Practical tour of the city (ATMs, FOOD, PHARMACY...) 8:30PM Dinner (DAILY)</p>	<p><b>DAY 4</b></p> <p>Classes 9:30AM End of classes 1PM Visit to Cathedrals 4PM Lecture on History (ENGLISH / SPANISH) 6PM</p>	<p><b>DAY 5</b></p> <p>Classes 9:30AM Visit to University 4PM Lecture on Art (ENGLISH / SPANISH) 6PM Salsa Dance Lesson 7PM Tapas tour 8PM</p>	<p><b>DAY 6</b></p> <p>Classes 9:30AM Spanish Film Series (RELATED TO LECTURE) 4PM Lecture on Spanish Literature (SPANISH) 6PM Visit to Bullfight Museum 7PM</p>	<p><b>DAY 7</b></p> <p>Classes 9:30AM Visit to Art Deco Museum and Hot Chocolate 4PM Lecture on Spanish Health Care (ENGLISH) 6PM</p>	<p><b>DAY 1</b></p> <p>Departure from US</p>	<p><b>DAY 2</b></p> <p>Arrival in Madrid and transfer to Salamanca Arrival and room allocation 2PM Lunch with Host Families / Residence (DAILY) 9PM Welcome Dinner</p>
<p><b>DAY 10</b></p> <p>8PM Excursion to Astorga and Leon (NOT INCLUDED - COST: 30€)</p>	<p><b>DAY 11</b></p> <p>Classes 9:30AM Visit to San Esteban 4PM Lecture on History (ENGLISH / SPANISH) 6PM Weekly briefing 7:30PM Tapas tour (NOT INCLUDED - COST: 9€) 8PM</p>	<p><b>DAY 12</b></p> <p>Classes 9:30AM Visit to Towers of the Clerencia Church 4PM Lecture on Art (ENGLISH / SPANISH) 6PM Sevillanas Dance Lesson 7PM</p>	<p><b>DAY 13</b></p> <p>Classes 9:30AM Isabel the Catholic route: Mota's castle, Madrigal de las Altas Torres &amp; a typical dinner in a wine cellar 3PM 10PM Arrival in Salamanca</p>	<p><b>DAY 14</b></p> <p>Classes 9:30AM Visit to Museum of Salamanca 4PM Lecture on Spanish Health Care (ENGLISH) 6PM Spanish Guitar Making 7PM Craft Workshop</p>	<p><b>DAY 15</b></p> <p>Classes 9:30AM Free afternoon</p>	<p><b>DAY 16</b></p> <p>8PM Excursion to Madrid</p>
<p><b>DAY 17</b></p> <p>8PM Excursion to Sierra de Francia (NOT INCLUDED - COST: 30€)</p>	<p><b>DAY 18</b></p> <p>Classes 9:30AM Visit to Casa de las Conchas, Monterrey Palace, Purísima Church and Fonseca Palace 4PM Lecture on History (ENGLISH / SPANISH) 6PM Weekly briefing 7:30PM Tapas tour (NOT INCLUDED - COST: 9€) 8PM</p>	<p><b>DAY 19</b></p> <p>Classes 9:30AM Visit to Civil War Archives 4PM Lecture on Art (ENGLISH / SPANISH) 6PM Mediterranean Cooking Class 7PM</p>	<p><b>DAY 20</b></p> <p>Classes 9:30AM Horseback riding (NOT INCLUDED - COST: 30€) 3:30PM Artisan Jewelry and Filigree Workshop 7PM</p>	<p><b>DAY 21</b></p> <p>Classes 9:30AM Visit to Wholesale Food Market 1PM Lecture on Spanish Health Care (ENGLISH) 6PM Iberian Cure Meat Tasting 7PM</p>	<p><b>DAY 22</b></p> <p>Excursion to Lisbon (NOT INCLUDED - COST: 200€)</p>	<p><b>DAY 23</b></p> <p>Excursion to Lisbon (NOT INCLUDED - COST: 200€)</p>
<p><b>DAY 24</b></p> <p>TBA Excursion to Lisbon (NOT INCLUDED - COST: 200€)</p>	<p><b>DAY 25</b></p> <p>Classes 9:30AM Lecture on History (ENGLISH / SPANISH) 6PM Weekly briefing 7:30PM Tapas tour (NOT INCLUDED - COST: 9€) 8PM</p>	<p><b>DAY 26</b></p> <p>Classes 9:30AM Lecture on Art (ENGLISH / SPANISH) 6PM Ice Cream Tasting 7PM</p>	<p><b>DAY 27</b></p> <p>Classes 9:30AM Spanish Film Series (RELATED TO LECTURE) 4PM Lecture on Spanish Literature (SPANISH) 6PM</p>	<p><b>DAY 28</b></p> <p>Classes 9:30AM Exams 1PM Lecture on Spanish Health Care (ENGLISH) 6PM</p>	<p><b>DAY 29</b></p> <p>Classes 9:30AM Farewell Dinner 9PM</p>	<p><b>DAY 30</b></p> <p>TBA Transfer to Madrid Airport and Departure to US</p>

# EXCURSIONS

## Madrid

Madrid is the capital of Spain and its largest city. It is the most important economic and financial center of the Iberian Peninsula. Full of great Museums (El Prado, Reina Sofía . . .) Madrid offers endless cultural opportunities and a vibrant social life. Walking through the streets of Madrid quarters (Habsburg, Bourbon) visitors discover its long and interesting history at the same time that admire Madrid's modern business districts. Madrid is an open city that received much of its populations from other parts of Spain. In the last years it has also received large numbers of people from other countries. This contributes to the truly cosmopolitan flavor of the capital of Spain.



## Sierra de Francia

La Alberca is a medieval town where visitors may admire how traditional, centuries old, houses stand in perfect shape combining themselves with the natural landscape of the surroundings. It is very appealing having a traditional lunch in the town plaza in the middle of the silence of this enchanting village. To complete the day students will visit the Sierra de Francia and have the possibility to do some tracking.



## Astorga

Perched on a hilltop on the frontier between the bleak plains of northern Castilla and the mountains that rise up to the west towards Galicia, Astorga is a fascinating little town with a wealth of attractions out of proportion to its size. In addition to its fine cathedral, the city boasts a Gaudí-designed palace, a smattering of Roman ruins and a personality dominated by the Camino de Santiago.

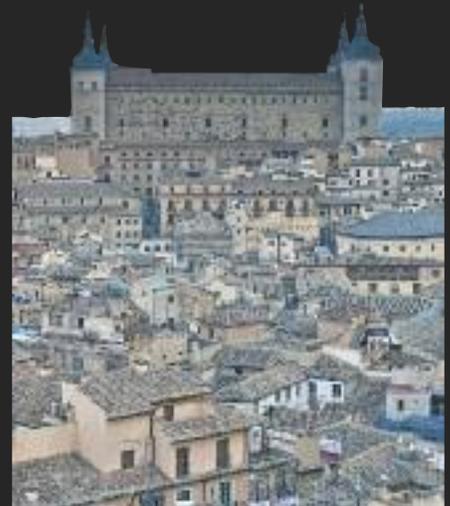
## Leon

León is a wonderful city, combining stunning historical architecture with an irresistible energy. Its standout attraction is the cathedral, one of the most beautiful in all of Spain. By day you'll encounter a city with its roots firmly planted in the soil of northern Castile, with its grand monuments, loyal Catholic heritage and role as an important staging post along the Camino de Santiago. By night León is taken over by its large student population.

## Toledo

Though one of the smaller of Spain's provincial capitals, Toledo looms large in the nation's history and consciousness as a religious centre, bulwark of the Spanish church, and once-flourishing symbol of a multicultural medieval society. The Old Town today is a treasure chest of churches, museums, synagogues and mosques set in a labyrinth of narrow streets, plazas and inner patios in a lofty setting high above Río Tajo.

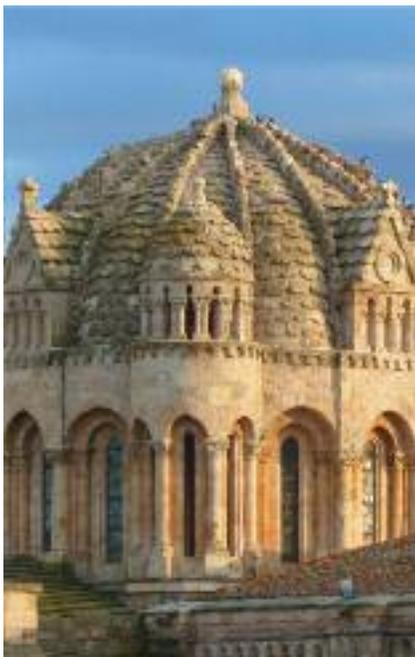
Toledo's charms, and its proximity to Madrid, mean that it can get choked with tour groups during the day. Try to stay till dusk, when the city returns to the locals and the streets take on a moody, other-worldly air.



## Zamora

First appearances can be deceiving: as in so many Spanish towns, your introduction to provincial Zamora is likely to be non-descript apartment blocks. But persevere you should: Zamora's casco historico (old town) is hauntingly beautiful with sumptuous medieval monuments that have earned Zamora the popular sobriquet 'Romanesque Museum'.

Romanesque cathedral features a square tower, an unusual Byzantine-style dome surrounded by turrets, and the ornate Puerta del Obispo. The Museo Catedralicio is the star attraction with a collection of Flemish tapestries dating from the 15th century. Inside the 12th-century cathedral itself, the magnificent early-Renaissance choir stalls depict clerics, animals and a naughty encounter between a monk and a nun. Another major highlight is the Capilla de San Ildefonso, with its lovely Gothic frescoes.



## Segovia

The old city of Segovia is located at the top of a promontory, originally for defensive purposes, and offers a series of magnificent monuments to its visitors. The most impressive one is the Roman aqueduct. It is one of the most perfect examples of

Roman civil architecture, and it was built around 1st century BC. The city is full of medieval and renaissance examples of civil, military and religious architecture among which the Alcázar (fortress) and Cathedral stand out.



## Lisbon

Spread across steep hillsides that overlook the Rio Tejo, Lisbon offers all the delights you'd expect of Portugal's star attraction, yet with half the fuss of other European capitals. Gothic cathedrals, majestic monasteries and quaint museums are all part of the colourful cityscape, but the real delights of discovery lie in wandering the narrow lanes of Lisbon's lovely backstreets.

As bright yellow trams wind their way through curvy tree-lined streets, Lisboaëtas stroll through the old quarters, much as

they've done for centuries. Village-life gossip in old Alfama is exchanged at the public baths or over fresh bread and wine at tiny patio restaurants as fadistas (proponents of fado, Portugal's traditional melancholic singing) perform in the background.



# US UNIVERSITIES, COLLEGES, SCHOOLS WE WORK WITH

## EDUCATIONAL

Alamo Colleges  
Arkansas Tech University  
Bethune-Cookman University  
Bolles School, The  
Boston College  
Buena Vista University  
College of the Siskiyous  
Coronado High School  
Embry-Riddle Aeronautical University  
Gwynedd Mercy College  
Kapiolani Community College  
Kent State University  
Kingsborough Community College  
Kirksville High School  
La Salle University  
Lord Fairfax Community College  
Luther College  
Mary Baldwin College  
Miami Date College  
Modesto High School  
Molloy College  
Montgomery County Community College  
Monument Valley Regional MS  
Monte Vista High School  
Multnomah Bible College  
Northeastern University

## LOCATION

San Antonio, TX  
Russellville, AR  
Daytona Beach, FL  
Jacksonville, FL  
Chestnut Hill, MA  
Storm Lake, IA  
Weed, CA  
Coronado, CA  
Daytona Beach, FL  
Philadelphia, PA  
Honolulu, HI  
Kent, Ohio  
New York, NY  
Kirksville, MO  
Philadelphia, PA  
Middletown, VA  
Decorah, IA  
Staunton, VA  
Miami, FL  
Modesto, CA  
New York, NY  
Potsdown Blue Bell, PA  
Great Barrington, MA  
Danville, CA  
Portland, OR  
Boston, MA

## EDUCATIONAL

Nova Southeastern University  
Sacramento Waldorf High School  
Saint Xavier University  
Shippensburg University  
Standford University Extension  
St. George's Independent School  
Stetson University  
Temple University  
Texas Southern University  
Texas Christian University  
The Academy of the Holy Cross  
Thomas Jefferson University  
The New School  
Tompkins Cortland Community College  
Truman State University  
University of Arkansas Fort Smith  
University of California Santa Barbara  
University of Maryland Eastern Shore  
University of South Carolina  
University of West Florida  
Utah Valley University  
Valor Christian High School  
Ventura High School  
Wesleyan College  
West Chester University  
Western Kentucky University

## LOCATION

Fort Lauderdale, FL  
Fair Oaks, CA  
Chicago, IL  
Shippensburg, PA  
Standford, CA  
Germantown, TN  
DeLand, FL  
Philadelphia, PA  
Houston, TX  
Fort Worth, TX  
Kensington, MD  
Philadelphia, PA  
New York, NY  
Dryden, NY  
Kirksville, MO  
Fort Smith, AR  
Santa Barbara, CA  
Princess Anne, MD  
Columbia, SC  
Pensacola, FL  
University Orem, UT  
Highlands Ranch, CO  
Ventura, CA  
Macon, GA  
West Chester, PA  
Bowling Green, KY



# PROPOSAL 2015

## Program overview

The following services are included in the student fees:

- Spanish immersion classes: four classroom hours per day, Monday through Friday. Students will be placed in the appropriate course according to the level achieved on their placement exam. All classrooms at Mester are Smart Rooms.
- University credits provided by the Pontificia University of Salamanca for any general or specific Spanish language course taken at Mester:

## Program fees

4-Week: \$1,900 (U.S.)

8-Week: \$3,500 (U.S.)

- Housing in Salamanca: one student per host family or residence in a single room. Three meals per day provided 7 days per week, plus cleaning of the room and one weekly laundry service while in Salamanca (additional washes may be arranged with the host-family/residence for an extra charge).
- Mester staff members will assist students with any problem or question they might have.
- Return transfer by private bus from Madrid-Barajas airport to Salamanca.
- An orientation program in Salamanca consisting of a meeting with a Mester staff member who will provide local area information and walking tours of city.
- Welcome reception and farewell dinner.
- The following full-day excursions by charter bus:
  - 2-3 Week program:
    - Madrid, including admission into the reknown Centro Reina Sofia / Prado Museum.
    - Avila & Segovia, including admission into the historic Alcazar.
    - Isabel the Catholic route: Mota's castle, Madrigal de las Altas Torres and a typical dinner in a wine cellar (half-day).
  - 4-12 Week program (including the previous ones):
    - Astorga & Leon.
    - Sierra de Francia.
- A cultural program that includes a variety of weekly activities and visits to local attractions (e.g., cathedrals, the university, etc.), as well as cooking and dance classes and/or sports for the duration of the program.
- Course in Spanish life style and culture consisting of weekly lectures on art, history, literature, cinema and / or meetings with local experts.
- Access to the student computer lab with free Internet access and printing facilities. The entire building has wireless Internet access.
- Medical insurance which includes coverage for accidents while traveling between locations in Spain and during scheduled activities.



These fees exclude airfare, passport or visa fees (if applicable), meals other than those indicated on the itinerary, personal expenses, any tuition or administrative fees from your institution, additional field trips or tours required by the faculty member from your institution, and anything else not specified herein. These fees are guaranteed not to change as a result of fluctuations in the \$/€ exchange rate.

## Program application procedure & billing

Mester suggests this specific program application procedure and timeframe for students from your institution. We strongly encourage the application to this program, as well as the initial receipt of deposits for the program, as early as possible, and no later than 120 days before the program starts.

In addition, we offer the option of a payment plan in which a monthly payment program is structured via the Business Office at your institution so that students can make payments directly to your institution and meet the dead-line of the final payment to Mester.

Mester requires your institution to collect application forms and deposits (\$200 per student), and forward them to Mester no later than 90 days before the program starts. Full payment and final confirmation of the total number of participants must be received no later than 45 days before the program starts. Please note that these are not postmark dates, but the dates by which funds must be received at the Mester Center in Salamanca Spain.

Mester can, at its own discretion, accept applications after the final payment deadline, but cannot guarantee that the program costs quoted herein will remain the same after this date. Students applying after this date are not guaranteed acceptance, and will only be accepted contingent upon space availability. If this is the case, your institution must confirm the reservation of the late applicants and pay in full as soon as possible. Payment must be received before the late applicants arrive in Spain. Mester accepts payment only in the form of bank transfer. Mester expressly reserves the right to cancel this program if payment is not made according to the deadlines established herein.

## Refund and cancellation policy

Should a participant withdraw from the program, your institution must notify Mester immediately. The following refund and cancellation policy will apply as described below, based on the date the withdrawal notice is received at the Mester Center:

Thirty days before the program starts, Mester will make a full refund, minus the deposit of \$200.

Within the last 30 days Mester will charge 50% of the program price.

Once the program has begun, students withdrawing will receive no refund, unless Mester suspends the program.

In the event that the U.S. State Department issues a travel warning advising U.S. citizens not to travel to Spain or to leave the country if they are already in Spain, Mester will do one of the following:

- If the program has not started, Mester will either make suitable alternate arrangements or cancel the program and refund all fees paid.
- If the program has started, Mester will suspend the program and arrange for the students to travel back to the U.S. Students will receive a pro-rated rebate for fees paid to Mester for the portion of the program not completed, less the \$200 processing fee and any costs incurred for sending the students back to the U.S.

## Acceptance of proposal

Mester requires written acceptance of this proposal as soon as possible in order to prepare program materials, make the relevant bookings and to guarantee the prices quoted to your institution. Please sign and date below to confirm that the components listed in this proposal fulfill your program requirements. This will enable us to prepare your program materials accurately.

Please sign and date below, and return this form in its entirety to José Ramón López Hernández, CEO,

PROPOSAL ACCEPTED BY

Name:

Print name and title:

Date:



# Mester

Vázquez Coronado 5  
37002 Salamanca, SPAIN  
Tel. +34 923 213 835  
Fax +34 923 213 841  
mester@mester.org  
[www.mester.org](http://www.mester.org)

